



welcome to

STEL+SHAY

COLLECTIVE

Welcome! Whether you have been with us for years or this is a new guest experience, we are grateful for the opportunity to enhance your life! We started this business in August of 2019 at our Main Street location. It grew QUICKLY! The opportunity came to purchase our own property in the summer of 2022. By Christmas, we were in total demolition mode and after many sleepless nights, ALL of the emotions and so, so, so much work... Here we are! We've expanded, rebranded and upgraded everything!

We'd like you to know that while we may look like a cohesive business (and we really hope we do), we are each independent business owners. What does this mean for you? To keep your experience as smooth and delightful as possible, we have attached helpful information on each business. This will help you know what services are offered, how to schedule, who to communicate with, hours of business and much more! If you ever find yourself confused, any one of us is here to help, so just ask!

-Stel + Shay Collective

welcome

TABLE OF CONTENTS

04
Sarah Sippel
Stylist

06
Danielle Rickmeyer
Stylist

08
Samantha McLaughlin
Stylist

10
Izzy Donigain
Stylist

12
Ava Heise
Stylist

14
Marissa Johnson
Nail + Makeup Artist





16
Lisa Head
Permanent Cosmetic Artist

19
Marcia Mueller
reU Aesthetics

22
Tracy Welak
Holistic Grace Wellness

26
Sara Evert
Rooted Wellness Initiative

30
Liz Anderson
Era Aesthetics, LLC

35
Cancellation Policy



SARAH SIPPEL

Owner of Stel + Shay Collective & Stylist

Over the last 16+ years in the industry, Sarah has gathered her experiences and knowledge to create an environment that brings her joy. With family as her drive and beauty as her focus, Sarah believes Stel+Shay will bring happiness to her beauty professionals, guests and the city of Fond du Lac.

Sarah prides herself on customer service and having a personal connection with her guests. "When you understand your guest's personality and lifestyle it is much easier to make their style match up." Effortless and flexible hair is Sarah's specialty, but no matter what your style is, Sarah will always take the time to teach you the tricks of the trade.

To schedule an appointment with Sarah, text (920) 933-3491. Sarah is currently not accepting new clients.

SARAH'S PRICE LIST

HAIR SHAPING

All cuts include a wash, relaxing scalp massage, customized product choices, and a style unless specified.

Women's Haircut	\$47/\$32
Men's Haircut	\$32/\$25
Child Haircut (under 12, no wash)	\$20
Special Event Style	\$70

COLOR

We always recommend a thorough consultation with any customized color service to discuss goals, challenges and budget. Your consultation may also require a "test" strand.

Retouch <i>(outgrowth coverage)</i>	\$57	Full Highlight/Lowligh <i>(traditional foil work throughout entire head)</i>	\$85
Global Color <i>(one full color from scalp-ends)</i>	\$100+	Luxury Blonding <i>(customized blonding including but not limited to hand painted balayage, foilage, babylights, teasy lights, or a combination of several techniques)</i>	\$100+
Global Bleaching <i>(color removal from scalp-ends)</i>	\$150+	Luxury Dimension <i>(customized depth and blonding including but not limited to root stretching, reverse balayage, color melting in addition to luxury blonding techniques)</i>	\$130+
Partial Highlight/Lowligh <i>(traditional foil work on specific areas)</i>	\$60		
Finishing Color <i>(2 step blonding/toning)</i>	\$30+		

TEXTURE

We always recommend a thorough consultation with any chemical waving service to discuss goals, challenges, and budget. Your consultation may also require a "test strand".

Traditional Perm	\$80
Sponge Rod Perm	\$90
"Cali Curl" Permanent Wave	\$120

ADD ONS

Brow Tint	\$15
Brow Shaping	\$15
Lip/Chin Wax	\$10
Ear/Nose Wax	\$10
Beard Trim	\$5
Customized Scalp/Hair Treatment	\$20+



DANIELLE RICKMEYER

Independent Stylist - *Danie Leigh Design*

Danielle has been a passionate stylist for over 14 years specializing in all hair services including keratin smoothing treatments and hair extensions as well as performing full body waxing, ear piercing, and makeup.

In addition to her work behind the chair, Danielle has been a Davines educator for over 12 years and believes that continuing her education and supplying knowledge to others is the best way to stay current on upcoming trends and provide the best possible services for her clients. Her quirky personality makes clients feel comfortable from the moment they sit in her chair.

Outside of work, she fills her time with what she loves most in the world, her husband, 2 sons, 2 dogs, and 2 cats. Whether it's a DIY home renovation or going on a new adventure, Danielle is always open minded and up for a new challenge or experience.

To schedule an appointment with Danielle, text [\(920\)238-6647](tel:9202386647). Danielle currently is *not* accepting new clients.

Enhancing the already beautiful you!

DANIELLE'S PRICE LIST

CUT

Women's Haircut	\$50/\$38
Men's Haircut	\$35/\$30
Child Haircut (under 10, no wash)	\$25
Bang Trim	\$10

COLOR

Full Single Color	\$80+
Retouch (Single Color)	\$60+
Dimensional Color	By Consult Only
Corrective Color	By Consult Only
Brow Tint	\$15

TEXTURE

Keratin Smoothing Treatment	\$200+
Cali Curl Wave	\$160
Classic/Designer Perm	\$100
Spiral Perm	\$150+

FACE

Makeup	\$45
Makeup With Lashes	\$60

HAIR REMOVAL

Dermaplaning	\$50
Brow/Lip/Nose/Chin Wax	\$15
Bikini Wax	\$60

STYLE

Blow Dry Style	\$35+
Special Event Style	\$45+
Special Event Updo	\$70+

TREATMENT

Hair & Scalp Treatment	\$35+
------------------------	-------

EXTENSIONS

Hair Extensions	By Consult Only
-----------------	-----------------

EAR PIERCING

Single Ear	\$50
Double Ear	\$60

Brazilian Wax	\$75
Underarm Wax	\$35
Chest/Back Wax	\$70



SAMANTHA MCLAUGHLIN

Independent Stylist - Roakbeauty LLC

With over 5 years of experience in the beauty industry, Samantha is a skilled professional who specializes in hair extensions and smoothing treatments. She loves staying on top of the latest trends and always welcomes new challenges.

Outside of the salon, Samantha enjoys spending time with her growing family, which includes her husband, Zach, daughter, baby on the way, and 2 dogs. From hunting to exploring, they are a family who loves the great outdoors!

To schedule an appointment with Sam, text (920) 215-0196. Sam is currently not accepting new clients.

Proverbs 16:3 "Commit your work to the Lord, and your plans will be established."

SAMANTHA'S PRICE LIST

HAIR SHAPING

All cuts include a wash, relaxing scalp massage, customized product choices, and a style unless specified.

Women's Haircut	\$35
Men's Haircut	\$30
Child Haircut (under 12, no wash)	\$15

COLOR

We always recommend a thorough consultation with any customized color service to discuss goals, challenges and budget. Your consultation may also require a "test" strand.

Retouch <i>(outgrowth coverage)</i>	\$60	Full Highlight/Lowlight <i>(traditional foil work throughout entire head)</i>	\$90
Global Color <i>(one full color from roots-ends)</i>	\$100+	Luxury Blonding <i>(customized blonding including but not limited to hand painted balayage, foilage, babylights, teasey lights, or a combination of several techniques)</i>	\$100+
Partial Highlight/Lowlight <i>(traditional foil work on specific areas)</i>	\$70	Luxury Dimension <i>(customized depth and blonding including but not limited to root stretching, reverse balayage, color melting in addition to luxury blonding techniques)</i>	\$130+
Finishing Color <i>(2 step blonding/toning)</i>	\$40		

EXTENSIONS

Extensions Consultation	\$20
Extensions Maintenance	\$100/hr

EXTRAS

Smoothing Treatment	\$200+
Special Event Style	\$70

ADD ONS

Brow Tint	\$15
Brow Shaping	\$15
Lip/Chin Wax	\$10
Nose Wax	\$10
Beard Trim	\$5



IZZY DONIGAIN

Independent Stylist - *Bella Rose Beauty*

Izzy is a new stylist who graduated from Advanced College of Cosmetology in Waupun in 2021. Growing up with lots of brothers and her prior career as a nanny, is why she loves mens cuts as well as kids cuts. Izzy is always open to trying new things and while she enjoys blinding services, she would also love to work with more vibrant colors.

Outside of work, you can find Izzy spending time with her niece or 5 siblings and parents at the pool. She also enjoys camping, going to country music concerts, and traveling.

To schedule an appointment with Izzy, call or text [\(312\) 380-1825](tel:3123801825). Izzy is currently accepting new clients.

IZZY'S PRICE LIST

HAIR CUTS

Women's Haircut	\$25/\$18(dry)
Men's Haircut	\$22/\$18(dry)
Children's Haircut	\$20
Shampoo Style	\$30
Hair & Scalp Treatment	\$30

COLOR

We always recommend a thorough consultation with any customized color service to discuss goals, challenges and budget. Your consultation may also require a "test" strand.

Retouch <i>(outgrowth coverage)</i>	\$55	Luxury Blonding <i>(customized blonding including but not limited to hand painted balayage, foilage, babylights, teasey lights, or a combination of several techniques)</i>	\$90+
Global Bleaching <i>(color removal from roots-ends)</i>	\$150/hr+		
Partial Highlight/Lowlight <i>(traditional foil work on specific areas)</i>	\$65	Bleach and Tone	\$130
Full Highlight/Lowlight <i>(traditional foil work throughout entire head)</i>	\$85+	Bleach and Tone Retouch	\$100
Finishing Color <i>(2 step blonding/toning)</i>	\$25+	Extra Length Charge	\$15

WAXING

Brows	\$12
Lip	\$12
Brows + Lip	\$20



(312) 380-1825



[instagram.com/izzydonigainhair](https://www.instagram.com/izzydonigainhair)



AVA HEISE

Independent Stylist - *Afterglow Hair Studio, LLC*

Ava is a new stylist who graduated from the Cosmetology Program at Moraine Park Technical College. She has always had a strong passion for all things beauty. She enjoys helping people to look and feel their best. She loves color services, blonding, and haircutting.

Outside of the salon you can find her spending time with her family and friends. She enjoys trips to the beach and traveling. She is very eager to begin her career and continue to learn as much as possible!

To schedule an appointment with Ava, call or text (920) 509-1331. Ava is currently accepting new clients.

AVA'S PRICE LIST

HAIRCUTTING

All cuts include a shampoo and style.

Women's Haircut	\$30
Men's Haircut	\$20
Child Haircut (under 10, no wash)	\$15
Blow Out Style	\$25
Updo	\$60+
Hair/Scalp Treatment	\$35

CHEMICAL SERVICES

Retouch	\$55+
Toner	\$20+
1/2 Head Highlight/Lowligh	\$55+
Full Head Highlight/Lowligh	\$70+
Balayage/Hand Painting	\$70+
Eyebrow Tint	\$10
Classic Perm	\$90
Spiral Perm	\$120

FACIAL WAXING

Brow Shaping	\$12
Lip Wax	\$10
Nose Wax	\$10
Chin Wax	\$10



MARISSA JOHNSON

Nail + Makeup Artist - *Rissaa Jean's Nails LLC*

Marissa is a nail technician who graduated from MPTC in Fond du Lac. She graduated in December 2021 and has been continually building her skills since then. She has been doing her own nails for many years.

Marissa was inspired by her grandmother to become a nail technician. Her grandmother always did her own nails and taught Marissa the basics, which grew into a passion.

Marissa has a bubbly personality and is always smiling. She likes to take her time and provide quality work for her clients. Outside of work, Marissa enjoys spending time with her daughter and dog.

To schedule an appointment with Marissa, please text (920) 602-8611.

Life's not perfect, but your nails can be.

MARISSA'S PRICE LIST

NAILS

Full Set Acrylic	\$50	Nail Art/Nail Repair	\$4/Finger
Full Set Hard Gel	\$60	Gems	\$4/Finger
Acrylic Fill	\$40	Hand Massage	\$13
Hard Gel Fill	\$50	Paraffin	\$15
Classic Manicure	\$35	Soak Off	\$25
Gel Manicure	\$40	Classic Pedicure	\$35
Deluxe Manicure	\$55	Gel Pedicure	\$45
Kid's Manicure	\$25	Deluxe Pedicure	\$60
Kid's Gel Manicure	\$30	Color Change	\$20

**Long Nails-\$15 extra

MAKE UP

Makeup	\$45
Makeup w/Lashes	\$60

HOURS

Tuesday-Friday 10am-7pm

*or By Appointment



920.602.8611



RissaaJean95@gmail.com



instagram.com/rissajeansnails



facebook.com/rissajeannails



LISA HEAD

Permanent Cosmetic Artist
L'Image Permanent Cosmetics

Hi there, I'm Lisa. I have many hobbies in life and love to keep myself busy but my true passion is my job. I am a permanent cosmetic artist, and since 2005 I have helped women and men feel more confident and carefree about their appearance. Not only is permanent makeup smudge proof, it's elegant and maintenance free.

Since beginning my makeup journey I have learned, and still continue to learn, a lot! Times change and styles change and it's important to me to make sure my clients know that even though the procedure is permanent, I have the know-how to keep them in the "now".

Brows are ever changing and have truly become an addiction to me. My technique allows me to create soft, natural brows with brow strokes, to powder brows, to bolder more prominent brows to simply just brow strokes. Micro needling is truly an art and reading my clients and their expectations adds a whole new level of art to my procedures.

Looking and feeling confident has never been so easy, and you deserve it.

To schedule an appointment with Lisa, call or text [\(507\) 272-1037](tel:5072721037).

LISA'S PRICE LIST

CONSULTATION

FREE 30 Minute Consultation

SERVICES

Permanent Eyeliner- \$400

From a soft, natural-looking enhancement to a more defined line, the choice is yours! Permanent eyeliner can be applied in many styles and colors. Whatever look you choose, you will wake up, shower, exercise, work, swim and go to bed always looking your best. One look that is very popular is a subtle, natural look which mimics the eyelashes giving the appearance of thicker, darker lashes accomplished through the implantation of pigments in the lash line. A softer natural liner of a bolder defined liner can be achieved by additional shadowing of color.

Ophthalmologists frequently recommend permanent makeup procedures for those who are allergic to conventional makeup and for anyone wearing contact lenses.

I have been committed exclusively to permanent cosmetics and enhancing faces since 2005 providing a controlled sterile environment to perform my procedures.

Permanent Eyebrows- \$400

Eyebrows are so personal to each individual and that is taken into consideration with each and every one of my clients. The world of eyebrows is so vast and knowing they are a permanent feature on your beautiful face can be very intimidating. I am here to help! I am conservative when it comes to brows and want you to feel very comfortable and confident when leaving my salon. Together we work to design and create the perfect brow for you before starting any planting of pigment. What you want is what you get. Brows are created specifically for you whether it be a soft, powdered back drop, a bolder ombre brow with natural looking brow strokes, or simply just brow strokes. I accommodate your expectations.

Enhancements to your brows are made by applying color (pigment) as a powdered background to accentuate your natural brow line and by artistically applying subtle hair strokes to mimic your own natural brows – OR – combine for those with little or no hair in the brow line.

As a professional in the permanent cosmetic and corrective industry, creating permanent eyeliner, eyebrows as well as permanent lip liner and color, is not only an art, but a passion.

LISA'S PRICE LIST

SERVICES CONT.

Permanent Lip Color- \$500 Lip Liner Only- \$400

The permanent makeup procedure for lip color is simply gorgeous.

Lip liner can be applied to give more definition, correct uneven lips, or add fullness to the mouth. The procedure also helps prevent lipstick from bleeding and can minimize the appearance of wrinkles. Or, forget the lipstick altogether and add full lip color!!

Full lip color can be applied in a natural hue or a more vivid color. Again, what you want is what you get.

Touch ups/Enhancements/Refresher/Maintenance

Touch ups or refresher procedures are based on the time in between procedures and the intensity of the touch up. If I am able to obtain the "enhancement" in one treatment, the price will be adjusted to reflect that as opposed to needing additional treatments. This is discussed at the time of scheduling.

All new procedures include a free touch up within 8 – 12 weeks.

When pigments are planted in the dermal layer of your skin, it is impossible to wash it off, therefore considering if permanent (although fading will occur over time) Immediately after implanting the pigments, the color will appear TOO DARK (as it should) and once the healing process is complete, you will have a softer more natural look. A follow up procedure is encouraged to achieve optimal color saturation and desired outcome.

The longevity of permanent cosmetics varies with each person and skin tone. General speaking, a 3 to 5 year lifespan should be expected. The pigments do fade over time due to factors such as exfoliation (natural and chemically induced), sun exposure and medications. Sun Screens and sun avoidance will play a huge role in maintaining your permanent cosmetics. Your cosmetics will also look best when "touched up" or "maintained" as they fade. Again, this will vary with each client, pigment retention and preference.



507.272.1037



LHead25@gmail.com



@lisa_head_permanent_makeup



L'Image Permanent Cosmetics by
Lisa



MARCIA MUELLER

MSN, FNP-BC, Nurse Practitioner - reU Aesthetics

Marcia is a board certified Family Nurse Practitioner who has been in the medical industry for over 30 years as a RN and Nurse Practitioner. She currently works at Froedtert Hospital as a Hospitalist and over the last 2 years she has been building her aesthetics practice, reU Aesthetics, at Stel + Shay Collective. Marcia offers her patients a unique combination of experience, expertly trained skills in nonsurgical facial rejuvenation, and personalized attention to assist you to look and feel your *absolute best*. Marcia will develop an individualized treatment plan with you, focusing on your concerns, and offering you multiple options to meet your aesthetic needs, being mindful of a natural result and budget. Marcia's practice philosophy is to provide you with the most natural results driven experience, unique to your individual facial structure, using precise detail and education on what she can do to help you look your absolute best. Using Botox/Dysport, Fillers, Platelet Rich Plasma procedures, Sculptra, Chemical Peels and skin care, Marcia will assist you with little preventative measures to complete rejuvenation. She is committed to working with you to create safe, beautiful, natural results.

To schedule an appointment with Marcia, call/text [920-266-7346](tel:920-266-7346) or click the link below to schedule online.

[Schedule With Marcia Online](#)



SERVICES

Consultations - Free

Schedule a free 30 minute consultation if you are considering services, not sure what you would like to do or just want to discuss how things work, and expected benefits, come on in for a free consultation and if time, start of treatment.

Botox/Dysport - \$11.00 per unit

(or Botox equivalent units) to smooth fine lines, wrinkles and static lines on the face. Average Units Per area: Forehead 10-16, Glabella 9-15, Crows Feet 4-8 per side, Lip Flip 6-8, Downward Turned Smile 4-6, Masseter (TMJ) 10-20 per side, Pebbled Chin 4-8, Neck 20-40

Facial Fillers: Juvederm & Restylane Fillers - \$300 per ½ Syringe, \$600 per Syringe

Enhance or replace volume with injectable fillers. Used to treat the lips, cheeks, tear troughs, nasolabial folds and temples. Restore volume loss or create what you are missing.

Sculptra Biostimulatory Injection - \$800 per vial

Sculptra will boost your natural collagen helping to smooth cheek wrinkles, smile lines, hollow temples and under eye volume loss, while also creating skin glow. Sculptra is a poly-L-lactic acid collagen stimulator that works deep within your dermis to revitalize collagen production and help restore your skin's inner structure and volume. As the microparticles are absorbed they stimulate collagen production.

Platelet Rich Plasma/Microneedling Facial - \$300

A small blood draw is taken from your arm, and the plasma is separated from your red blood cells. The "PRP" or Platelet Rich Plasma is then micro needled into your face and neck with its 8 growth factors specific to skin to naturally boost collagen production, remodel texture, reduce pore size, break up scar tissue and create a healthy glow. Added vitamin and mineral solutions will also promote healthy skin, release of melanin from sun.age spots, create smoother texture and tone. The recommended protocol is to do 3 sessions 4-6 weeks apart, then one annually or 2-4 weeks prior to a special event.



SERVICES CONT.

Platelet Rich Plasma/Microneedling Facial - \$300

Plasma is obtained via a small lab draw, spun to separate the plasma, mixed with calcium or a small amount of fillers and then reinjected into the under eye area to treat under eye hollows, dark circles or camouflage under eye bags in certain circumstances. This will provide some immediate improvement from the filler, but will show its greatest benefits beginning in 4-6 weeks by creating new collagen and growing in new tissue in these areas.

Chemical Peel/VI Peel - \$300

VI Peel is a powerfully formulated medical grade chemical peel designed to rejuvenate and revitalize the skin by reducing the signs of aging like fine lines, wrinkles and age spots. Improving texture and tone treating acne scars, skin damage, minimizing pores and naturally stimulating collagen production making the skin more elastic and youthful. A VI Peel is virtually painless, with most peeling occurring between day 3-4. You will be provided with an after care packet and instructions. A series of 3 peels every 6-8 weeks is recommended for best results.

Chemical Peel/ VI Peel PLUS Botox also called "Glow Tox" - \$300 + \$10/unit Botox

Combine the all of the benefits of the VI Peel, refresh your complexion and add the wrinkle prevention/reduction effects of Botox/Dysport for the ultimate treatment!! You will be GLOWING!!

Vitamin B12 Injection- \$35

Vitamin D Injection- \$35

**\$60 for both Vitamin B12 and Vitamin D injections



920-266-7346



[instagram.com/reu.aesthetics](https://www.instagram.com/reu.aesthetics)



reuaesthetics@gmail.com



ReU Aesthetics



TRACY WELAK

ES Practitioner + Certified Detoxification Specialist
Owner of *Holistic Grace Wellness*

Tracy graduated from the University of Oshkosh with a Bachelor's degree in Liberal Studies Business Management and Organizational Leadership. She is a Certified Practitioner for Ionic Foot Detoxification and is currently attending the Academy of Natural Health Sciences, obtaining a Detox Specialist Certification.

Tracy is one of only a few professionals in the State of Wisconsin to be trained and specialize with the ST8 Light Beam Generator. Tracy has worked independently with the ST8 Light Beam Generator for three years.

Natural health has been a passion for her for over 15 years, so to be given the opportunity to turn her passion into a career is truly a blessing. She enjoys reading and learning and most importantly loves her family. Tracy is married with 5 children and was born and raised in the Fond du Lac area.

[Schedule an Appointment With Tracy](#)



HOLISTIC GRACE
WELLNESS

SERVICES

ST8- Lymphatic Decongestion Therapy

The ST8 is the World's first oxygen-fed tissue detoxification system that uses frequency, ozone and light therapy.

As we surround ourselves with toxic elements in our air, food, and water, proteins clump together and bond electrically with water; thus, our lymphatic system becomes unbalanced and overburdened. This results in pain and inflammation that contributes to various chronic degenerative diseases.

As a method for promoting and maintaining wellness, the ST8 assists in restoring the cells' natural energy level, creating healthy cell to cell communication by releasing clumped cells that otherwise burden the lymphatic system.

Lymphatic detoxification enhances the body's healing process by reestablishing lymphatic circulation throughout the body. The ST8 assists the lymphatic system in functioning properly. The ST8 therapy session is gentle and relaxing and includes Young Living Essential Oil Aromatherapy, and the warmth of an Amythest crystal BioMat for added detoxification.

Ionic Foot Detoxification

An Ionic foot detoxification immerses your feet in a copper tub of water equipped with a device emitting a low electrical current into the water. The treatment is relaxing and has many benefits.

Detoxifying foot baths may boost the immune system, increase energy levels, relieve allergies, balance the body's PH and purge the body of heavy metals. After having an ionic foot cleanse, you may experience reduced inflammation, significant pain relief, less fluid retention, better memory, and improved sleep patterns.



HOLISTIC GRACE
WELLNESS

SERVICES CONT.

 BrainTap Meditation Therapy

BrainTap is a quick and easy way to optimize your brain’s potential-anytime, anywhere. Backed by neuroscience and research, BrainTap is proven to help people who experience high stress, difficulty sleeping, low energy, PTSD, anxiety and depression and other life style changes.

BrainTap lets you reach the same states reached in deep meditation, but without years of disciplined practice. It’s a state that leads to mental clarity, greater intuition, and effortless behavior change. BrainTap enhances sleep, so you can awaken feeling rejuvenated and energized. It reduces stress, worry, and irritability while supporting emotional stability and mental harmony. By achieving the right mindset, you can lessen negative self-talk and self-destructive impulses and overcome bad habits, freeing you to explore an expanded self-awareness with boundless creativity. Best of all, you will experience the joy of higher states of consciousness where you attract and manifest your desires.

Enjoy a personalized BrainTap meditation therapy during a 30-minute session with Young Living Essential Oils and the warmth of the Amythest Crystal Biomat.

PRICING

 ST8- Lymphatic Decongestion Therapy

ST8 Session 60 Minutes	\$95	ST8 Session 90 Minutes	\$140
3 Session Package	\$270	3 Session Package	\$399
5 Session Package	\$428	5 Session Package	\$630
10 Session Package	\$808	10 Session Package	\$1,190

 Ionic Foot Detoxification

Foot Detoxification Session	\$45
3 Session Package	\$130
5 Session Package	\$203
10 Session Package	\$383

 BrainTap Meditation Therapy

BrainTap Session	\$30
3 Session Package	\$86
5 Session Package	\$135
10 Session Package	\$255



HOLISTIC GRACE
WELLNESS

PRODUCTS OFFERED

Isotonix

Isotonix products offer the fastest and most efficient delivery system of all nutraceutical supplements. Formulated using only the most advanced and scientifically proven ingredients, Isotonix products provide both rapid delivery and superior results. Isotonix products are completely free of binders and fillers common in traditional tablet and capsule products so you know that you are getting only the quality ingredients you expect. Isotonix has you covered with quality ingredients and products you can't find anywhere else.

Young Living

Millions around the world have discovered the benefits of pure essential oils, derived naturally from plants. We're committed to establishing and maintaining the ultimate, industry-leading standard in essential oil products. For us, the non-negotiable benchmarks for delivering a product that our customers can feel great about are multifaceted and exacting. We're proud to offer an extensive line of essential oils and essential oil-infused, plant based products that represent the best of nature—through the standards of our Seed to Seal quality commitment.

Young Living embraces a rigorous quality control standard to help ensure our products meet strict specifications. Seed to Seal is our commitment that helps ensure that with every pure essential oil and Young Living product your family uses, you're enjoying the benefits of our global resources, industry leadership, and over two decades of innovation. The result? A pristine final product that you know has been created with conscientious Sourcing, Science, and Standards—the three pillars of Seed to Seal.

As the leader of the essential oils movement, Young Living is paving the way for every other essential oil company to improve processes that protect our planet and ensure the highest quality standards.



920.266.5487



Tracy@HolisticGraceWellness.com



holisticgracewellness.com



[instagram.com/holistic_grace_wellness](https://www.instagram.com/holistic_grace_wellness)



[facebook.com/HolisticGraceWellness](https://www.facebook.com/HolisticGraceWellness)



[Holistic Grace Wellness](https://www.linkedin.com/company/Holistic-Grace-Wellness)



SARA EVERT

RN BSN, Certified in Biofeedback Testing - Owner of Rooted Wellness Initiative

Sara helps individuals like you find the root cause of health ailments by peeling back one layer at a time. Irregardless if you are dealing with a chronic condition, a new diagnosis, or are just hoping to live a healthier life, Sara is passionate about guiding you on your way to restoring your God-given ability to heal from the inside out.

Between her roles as a Registered Nurse and a homeschool Momma, you can always find Sara learning new skills and improving upon the ones she's already acquired. Currently she has her sight set on finishing up a Naturopathic certification and starting her journey as a licensed Homeopath.

When Sara isn't investing time in her professional skills you will find her and her husband putting their minds together, often with music in the background, to live less toxic, more simple lives. Though city dwellers, applying homesteading practices to where they are at is one of their favorite hobbies. Sara is a bit of an adventurer but finds great peace nurturing her family at home by supporting her husband's love for creating delicacies in the kitchen and being present with her children.

To schedule a consultation with Sara please use the link below and select the service that best fits your needs. All other appoints can be booked by calling [\(920\) 251-7138](tel:9202517138).

[Schedule an Appointment With Sara](#)



CONSULTATIONS

To book consultations visit [Rooted-WI.com/services](https://rooted-wi.com/services) and select the service that best fits your needs and book via the attached booking app.

Free 15 Minute Discovery Call- [Book Here](#)

Here's your opportunity for a 15 minute phone call to hear more about Rooted WI's approach to supporting health and wellness and for you to determine if working together would be a good fit for you!

New Patient Consult: \$250 (90 minutes) - [Book Here](#)

During this consultation, we will be going over your health history, current health concerns, and future health goals in great detail. A biofeedback scan will also be provided to give us insight on what we can start working on before you're on your way home. This appointment allows me to gather your information, connect the dots, and develop a personal care plan that addresses your physical, chemical, and emotional stressors.

Test Result Consult: \$150 (60 minutes) - [Book Here](#)

In the event that additional testing is needed a consultation fee will be included in any testing cost.

Follow Up Consult: \$45 (30 minutes) - [Book Here](#)

Follow up appointments are for patients that are already established with me and have had less than 3 months since their last appointments. These follow ups are great to keep you on track and also address any questions you may have.

Health Consult: \$75 (30 minutes) - [Book Here](#)

Already established with me but haven't had an appointment in the last 3 months? Let's get caught up to speed with a health consult to address current health needs and/or any questions you may have.

Re-establish Consult: \$200 (90 minutes) - [Book Here](#)

Has it been 2 years since your last appointment? Let's re-establish our journey together. During this appointment we will go over past test results, where you are at with previous health practices, what is currently going on with your health and wellness, and your personal goals. A biofeedback scan will also be provided.



SUPPORTIVE THERAPIES

To book Supportive Therapies call (920) 251-7138.

Infrared Sauna

Our Sunlighten near, mid, and far infrared sauna with Chromotherapy (color therapy) and Acoustic Resonance Therapy (sound therapy) is the perfect complement therapy to help support your health. Whether you are looking at supporting relaxation, detox, weight loss, cardio health, pain reduction, muscle recovery or even anti-aging there is a customizable 30-50 minute program for you.

\$35 for 1 person

\$30 per person for 2 people

\$25 per person for 3 people

\$20 per person for 4 people

*Must be 18 or older.

**Not recommended during pregnancy

Salt Room

Halotherapy (dry salt therapy) is a 30 minute natural, drug-free, alternative treatment that helps improve respiratory issues and skin conditions. Most common uses are for: Asthma, Allergies, Common Cold, Bronchitis, COPD, Cystic fibrosis, Eczema, Acne, Psoriasis, Cosmetic Surgery Recovery, Anti-Aging, Immune System Support, Stress Reduction, and Sleep Support.

\$30 for 1 person

\$25 per person for 2 people

\$20 per person for 3 people

\$15 per person for 4+ people

*Children 15 and younger are free with a paying adult.



SUPPORTIVE THERAPIES

To book Supportive Therapies call (920) 251-7138.

Biofeedback

Quantum Biofeedback is an advanced therapeutic technology based on Quantum physics. Also referred to as "energy medicine", Quantum Biofeedback de-stresses the body, relieving discomfort - such as pain and other health issues. Electronic frequencies are sent into the patient's body to assess imbalances and stress. This service provides you with results that can be utilized immediately to help intentionally guide you on your healing journey. This is included in every New Patient Consult and is done as needed from there.

\$100 as a stand alone resource

PEMF Therapy

PEMF stands for "Pulsed Electro Magnetic Frequency". PEMF therapy is a non-invasive, painless treatment for various injuries, bone related conditions and pain. BEMER devices are designed to temporarily increase local blood circulation in healthy muscles and stimulate muscles in order to improve and facilitate performance due to better disbursement of oxygen within the target tissues while supporting the elimination of CO2. Most benefits are seen by reduced stress, improved relaxation, optimized physical performance, enhanced muscle conditioning and physical fitness, and a better overall feeling of well-being.

\$35 Single In Office Session
Packages Available in Office
\$250 - 2 Week Rental
\$400 - 4 Week Rental



Rooted-WI.com



(920) 251-7138



rooted.saraevert@gmail.com



[instagram.com/rootedwellnessinitiative](https://www.instagram.com/rootedwellnessinitiative)



[Rooted Wellness Initiative](https://www.facebook.com/RootedWellnessInitiative)



LIZ ANDERSON

Licensed Aesthetician
Owner of Era Aesthetics, LLC

Liz is starting her new journey as an Independent Aesthetician, and she is proud to be here for you through every era of your skin. She has been in love with the beauty and skincare world since she was a little girl, and has been providing her professional services for almost 20 year. As time goes on she continues to grow her love for skincare, education, and wellness. She prides herself on providing a calming energy while giving valuable guidance to all that enter her space. It's her passion, and her gift to you.

She is trained in many skincare lines, makeup, dermaplaning, waxing, and more. With her services, she will be offering a variety of add ons treatments to meet your personal needs. She will welcome you with her warm energy, ready to treat your outer beauty, while focusing on your inner wellness.

When she is not creating beauty, she spends her time with her husband, two sons, and dog. She enjoys camping, Halloween, and al things cozy.

A service with Liz is more than just a service, its an experience. You will leave feeling grounded, nurtured, and radiant. You will leave feeling new confidence in yourself, that will carry with you long after you leave. Come find out for yourself. She can't wait to meet you!

To schedule an appointment with Liz please use the link below.

[Schedule an Appointment With Liz](#)

LIZ'S SERVICES

CONSULTATION

Your Skin Consultation will help analyze and assess your skincare needs to further direct you to your proper service options. \$25 | 20 min

FACIALS

Anti-Aging Repair Facial - \$99 | 60 min + \$129 | 90 min

Anti-Aging Repair Facial will improve fine lines, wrinkles, congestion, and premature/aging skin. Instant results. Includes treatment mask with steam, and hand/arm massage. Customized for you.

Brightening Facial - \$99 | 60 min + \$129 | 90 min

Brightening Facial treats hyperpigmentation, improves texture, tone, and luminosity of the skin. Includes steam and hand/arm massage. Customized for you.

Calming Detox Facial - \$99 | 60 min + \$129 | 90 min

Calming Detox Facial is for sensitive, problematic skin. It will soothe inflammation and calm the skin. Includes a purifying mask with steam to improve skins function, and a hand/arm massage. Customized for you.

Dermaplane + Peel Facial - \$119 | 75 min

Dermaplane and Peel Combo Facial 75 Minute is excellent for the maximum facial result. Using the Pro 30 Multi Acid Peel and Dermaplane, your skin will be left feeling completely transformed and exfoliated. Not recommended for anyone on retinol or accutane. Customized for you.

Dermaplane Facial - \$59 | 45 min

Dermaplane Facial is an easy, effective treatment that will remove dead skin cells and unwanted hair. This service includes cleanse, dermaplane, treatment serum, eye cream and moisturizer. Glowing skin guaranteed. Customized for you.

Multi Acid Peel Facial - \$59 | 45 min

Multi Acid Peel Facial 45 Minute uses the Pro 30 Multi Acid Peel. This facial will increase cell turn over rate and improve the barrier of the skin by removing dead skin cells. It brightens complexion without downtime. Not suggested for people on accutane or retinol. Customized for you.

LIZ'S SERVICES

FACIALS

Customized Mini-Facial - \$59 | 45 min

Mini-Facial 45 Minute is perfect for a deep treatment in a short amount of time. Guaranteed results with minimal stay. Perfect for the busy client on the go. Includes deep cleanse, treatment mask, steam, treatment serum, and moisturizer. Customized for you.

Teen Facial - \$59 | 45 min

Teen Facial 45 Minute is perfect for your busy teen. This service includes skincare education, deep cleansing, steam with treatment mask, and extraction. Customized for you.

Back Facial - \$59 | 45 min

Back Facial 45 Minute is perfect for the neglected back area to deep cleanse, exfoliate, and hydrate. Includes steam and extraction. Customized for you.

ADD-ONS

Chitosan Peel Off Masque Enrichment - \$30 | 30 min

Kerstin Florian's Chitosan Peel Off Masque is as interesting as it sounds. Very effective in cooling and tightening the skin for immediate results. Extremely anti-inflammatory and effective. Can be added to any facial service. Not for the claustrophobic client. Customized for you.

Multi Acid Peel Add-On - \$35 | 30 min

Multi Acid Peel Add On uses the Pro 30 Multi Acid Peel to remove dead skin cells and brighten the skin. This can be added into any facial service for immediate results with no downtime. Not recommended for anyone on accutane or retinol. Customized for you.

Dermaplane Add-On - \$35 | 45 min

Dermaplane Add On Service can be added onto any facial service for the removal of dead skin cells and unwanted hair. Glowing skin guaranteed. Customized for you.

LIZ'S SERVICES

ADD-ONS

Brightening Eye Rescue Add-On - \$20 | 15 min

Brightening Eye Rescue is wonderful to add on to any facial service to restore the eye area. Using lymphatic drainage and collagen eye masks, this is the perfect service to eliminate dark circles, wrinkles, and dryness. Customized for you.

Cooling Facial Globes Add-On - \$20 | 15 min

Cooling Facial Globes Add On offers immediate results using cooling facial globes and massage techniques. Reduces puffiness and inflammation in the skin. Added on to any facial service. Customized for you.

Gua Sha Stone Add-On - \$20 | 15 min

Gua Sha Stone Massage Add On is an experience with immediate results. Using specific techniques this will contour the face, lift, tighten, and eliminate lymphatic build up. Can be added to any facial service. Customized for you.

High Frequency Add-On - \$20 | 15 min

High Frequency Add On is excellent for problematic skin to kill bacteria, but also fights fine lines and wrinkles. Using this high frequency electrical stimulation, your results are immediate. This is a non invasive treatment, recommended for all skin types. Customized for you.

High Frequency Add-On - \$20 | 15 min

High Frequency Add On is excellent for problematic skin to kill bacteria, but also fights fine lines and wrinkles. Using this high frequency electrical stimulation, your results are immediate. This is a non invasive treatment, recommended for all skin types. Customized for you.

Lip Restoration Add-On - \$20 | 15 min

Lip Restoration Add On treatment is easy to add to any facial service to plump and hydrate the lip area. Customized for you.

Scalp Massage With Pressure Points - \$20 | 15 min

Scalp Massage With Pressure Points is a relaxing service added on to any facial service. Releases tension in neck and scalp. Perfect for the migraine sufferer looking for relief or anyone who is looking for extra stress reduction. Customized for you.

LIZ'S SERVICES

MAKEUP

- Makeup Lesson - \$50 | 45 min
- Special Occasion Makeup - \$65 | 45 min
- False Eyelashes - \$10 | 10 min
- Airbrush Makeup - \$75 | 45 min
- Eyebrow Tinting - \$25 | 15 min
- Lash Tinting - \$25 | 15 min
- Eyebrow + Lash Tint Combo - \$45 | 30 min

WAXING

- Eyebrows - \$20 | 15 min
- Lip - \$15 | 15 min
- Eyebrows + Lip - \$30 | 30 min
- Chin - \$20 | 15 min
- Underarm - \$45 | 30 min
- Forearm - \$55 | 45 min
- Bikini - \$60+ | 45 min
Women Only
- Brazilian - \$75+ | 45 min
Women Only
- Lower Leg - \$75+ | 45 min
Knee and Below

CANCELLATION POLICY

In order to continue providing the best possible scheduling options to our guests, we require at least **48 HOURS NOTICE** to reschedule or cancel an appointment.

If cancelling or rescheduling occurs in less than the time frames listed below, the attached fee will be charged to your account and your next appointment will not be honored until this fee has been paid.



Less than 48 hours notice will be charged 50% of scheduled service fee.



NO SHOW will result in a 100% charge of the service scheduled for that appointment.

Arriving late may limit time available for your service. Clients who do not arrive within 15 minutes of their scheduled appointment time will be asked to reschedule and will be subject to the cancellation fee. Your timely arrival is appreciated.

Everyone's time is valuable. Please understand that when you reschedule or cancel without required notice, we miss the opportunity to fill the appointment with another guest on our "waiting" list. In the event of habitual rescheduling, cancellations and/or no-shows, we have the right to refuse future appointment requests.

Thank You!

STEL+SHAY

COLLECTIVE

A NOTE TO OUR GUESTS

We are a learning facility for new stylists because education is one of our passions. Our new stylists undergo on the job training both during school and after they graduate. If you are scheduled with one of our fresh stylists, your services will be charged at the appropriate rate for the level of education and skill they have accumulated. Part of the learning process is making mistakes. If there is something you are not satisfied with, we encourage you to bring it to our attention so we can have the opportunity to make adjustments.



Leave us a Review ★★★★★

We'd love to hear from you. Leave us review on Google using the link below.

[Leave a Review on Google](#)

Visit us



16 Guindon Blvd. Fond du Lac, WI 54935

Follow us



[instagram.com/stelandshay.salon](https://www.instagram.com/stelandshay.salon)



[facebook.com/stelandshay](https://www.facebook.com/stelandshay)

Contact us



(920) 933-3491



ContactUs@StelandShaySalon.com